CREEKSIDE
HOME AND GARDEN

Red Acre Cabbage

Brassica oleracea var. capitata 'Red Acre'



Red Acre Cabbage fruit
Photo courtesy of NetPS Plant Finder

Height: 12 inches

Spread: 6 inches

Spacing: 12 inches

Sunlight:

Hardiness Zone: (annual)

Description:

A beautiful heirloom variety that is quick to grow, quick to harvest; reddish-purple heads grow up to 3lbs each; great for sun loving gardens or containers; ideal flavor for fresh coleslaw and sauerkraut

Edible Qualities

Red Acre Cabbage is an annual vegetable plant that is commonly grown for its edible qualities. The round grayish green tightly-wrapped heads of foliage are usually harvested from late summer to mid fall. The heads have a pleasant taste and a crunchy texture.

The heads are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking
- Pickling
- Canning

Planting & Growing

Red Acre Cabbage will grow to be about 12 inches tall at maturity, with a spread of 6 inches. When planted in rows, individual plants should be spaced approximately 12 inches apart. This vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America, and it is considered by many to be an heirloom variety.

Red Acre Cabbage is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.